

MEMBERS COMMENTS

DATES TO REMEMBER DAY LIGHT SAVING

Well after a lot of debating the date for daylight saving ends on the 6th April

Which when we put our clocks back we lose an hours sleep
CLOSED Friday 25th ANZAC Day

My name is Julie, on Friday night I went to see Oliver the musical on stage, my best part was the boy who played Oliver and the lady who played Nancy. It was a packed house and the music was good to remember my favorite songs

Last week at swimming I broke my stroke record at the pool, It was good to do more
Julie

Congratulations to Julie and Robyn for their personal achievements at the pool, we are very proud of what you have done



HORIZONS NEWSLETTER



APRIL
2008

HORIZONS TE WHITI O TE RA

Tireti Hall

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Titahi Bay 5022

Phone 2366761 Fax 2366741

Email horizons@wgtnaftercare.org.nz

P.O. Box 52075 Titahi Bay

MONDAY TO THURSDAY

9am till 3:30pm

FRIDAY

9am till 1pm

Our web page www.wgtnaftercare.org.nz

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HORIZONS PROGRAMME APRIL 2008

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LEISURE TRIP 11am till 3pm</p> <p>7th Will 14th Be 21st Decided on the Day 28th</p>	<p>SOCIAL CLUB</p> <p>BASIC COMPUTER LESSONS With Bill BUDGETING These are half hourly sessions from 9:30am till noon</p>	<p>ART & CRAFT With Debbie Pointon 10am till noon Come along and you will be amazed at what can be achieved</p>	<p>WALKING GROUP suitable for people able to walk up to 6km Leave 11am till 3pm</p> <p>3rd Botanical gardens 10th Whitireia Park 17th Plimmerton 24th Oriental parade</p>	<p>CO-OP Roast dinner Cost \$3 Every Friday Includes: Meat 2 vegetables Mashed & Roast potatoes Roast pumpkin & gravy Please have your name down by the Thursday before or you could miss out as seats fill up pretty fast</p>
<p>GARDENING Hey folks we need volunteers to help look after our garden especially watering</p>	<p>VIDEO Help select a video To watch Starts 1pm Or 12:30pm if a long film</p>	<p>CLUB 60 For the quieter times learn new games have fun with old favourites Start 1pm</p>	<p>SWIMMING SPA AQUA JOGGING At the Aquatic Centre Leaving 3:30pm 10th & 24th</p>	<p>Members meeting 11th & 25th CLOSED From 1pm</p>

Hi Everyone, It has been good to catch up with New Avenues and Connect South over the past month and looking forward to doing it again, Well done to the walking group who are achieving their goals even with the heat some of the walks have been pretty hard with the temperatures soaring last month. Don't forget to turn your clocks back on the 6th or we could all be late for work. We hope you all had a Happy and safe Easter and not too many chocs